



# Fact Sheet

## The Muslim Faith and the use of Alcohol Based Hand Sanitisers

Deb has sought advice on this matter from the Muslim Council of Britain and the NHS, and has been given the following guidelines.

Muslims in the UK should not be concerned about using alcohol based sanitisers on their skin because:

1. Any alcohol sold for use on the skin is rendered undrinkable, by law.
2. The issue of alcohol in the Muslim faith relates to the drinking of alcohol, and not its use in other ways, such as the disinfection of skin.
3. Muslims are permitted to use alcohol based sanitisers for alleviating illness or improving health.
4. For further reassurance, there is evidence to show that when using a sanitiser the amount of alcohol absorbed through the skin is negligible.

Issued on behalf of Deb Technical Services Department  
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